



Come on down to downtown!

**DeYoung's**

*For your creative impulses*

Portfolios	Drawing Tables	Scrapbooks
Easels	Picture Frames	Specialty Papers
Art Supplies	Journals	Gift Certificates
Art Boxes		

946-8021  
234 E. Front Street  
Downtown • Traverse City

523-700533-SU

*Our highest purpose is to support your spiritual*

**3**

**HIGHER SELF**  
BOOKSTORE

Come in and experience the energy of our store!

- Aromatherapy products
- Meditation pillows, chimes, tapes
- Yoga mats, belts, videos
- Crystals & stones
- Wonderful music
- Beautiful cards

*Large selection of New Items!*

Mon.-Sat. 10-9 p.m.  
Sun. 12-4 p.m.

*Readers and healers available during business hours.* su523higher

328 E. Front Street, Traverse City  
(231) 941-5805

**BELSTONE**

ARTS, CRAFTS, GEMS

321 east front st. • downtown  
231-946-0610 su523belstone

**EVERGREEN GALLERY**

Fine Hand Crafts and Art for Living & Giving

531 W. Front St.  
929-9522

5/23-700526-SU

**Enjoy lunch or lite entrees on the patio or inside.**

Serving our new summer menu and your "old favorites" nightly from 5 p.m.-10 p.m.

*Monday-Friday Early Bird Limited Menu*  
Must be seated by 6 p.m.  
Regular Early Bird Selections Plus a Chef's Choice Entree. Call for details.

**Left Bank**  
120 Park St. Downtown  
Traverse City • 929-9060

5/23-700536-SU

**BACKCOUNTRY**

227 E Front st. Traverse City, MI 49684  
231-946-1339

**Espresso Bay**

*Daily Moments of Luxury*

**Now In Traverse City!**

**Featuring:**

- Gourmet coffee & specialty drinks
- Four kinds of espresso
- Whole fruit 100% juice smoothies
- Authentic Italian gelato, better than ice cream
- Pastries and desserts
- Fieldstone fireplace
- Private meeting room
- In-store roasting & gelato making
- Free validated parking at Milliken lot

**Espresso Bay**  
Open 6 a.m. to 10 p.m.

202 E. Front St. at Cass  
231-941-9100 [www.espressobay.com](http://www.espressobay.com)

**Juice Island**

Juice Island serves a naturally healthy alternative for refreshment, meal replacement and dessert. For an intensely flavorful treat, enjoy the vibrant energy of life with whole fruit smoothies and gelato from Juice Island.

**Inside Espresso Bay**