

Carryout

FROM PAGE 34

agent, but don't be fooled: The soup, sandwiches and desserts are very real and very homemade. 2569 Charlevoix Ave. (US-31 S), Petoskey, 347-7570.

Cornichons, 248 State St., Harbor Springs; 242-0020.

Cousin Jenny's, 129 S. Union St. (at State St.), Traverse City; 941-7821.

Esperance, 12853 US-31 N, Charlevoix; 237-9300.

Folgarelli's, 424 W. Front St., Traverse City; 941-7651.

Gio's, 6037 US-31 N. (at M-72), Acme; 938-2222.

Grand Traverse Pie Company is essentially a bakery and a top source for pies, but they also do brisk carryout trade in soups, salads and sandwiches. 525 W. Front, Traverse City; 922-7437.

L'Chayim, a New York-style deli with bagels, baked goods and all else that connotes, is at 274 S. Benzie, Beluah; (882-5221).

Mary's Kitchen Port has long been the food-lovers' mother lode of flavorful take-out for picnics in the park or no-prep suppers at home, whose kitchen overflows with good and interesting deli salads, soups and pastries. 539 W. Front St., Traverse City; 941-0525.

Mustard's is another builder of classic, industrial-strength deli sandwiches. Find it at 202 E. State (at Cass St.), Traverse City; 929-0700.

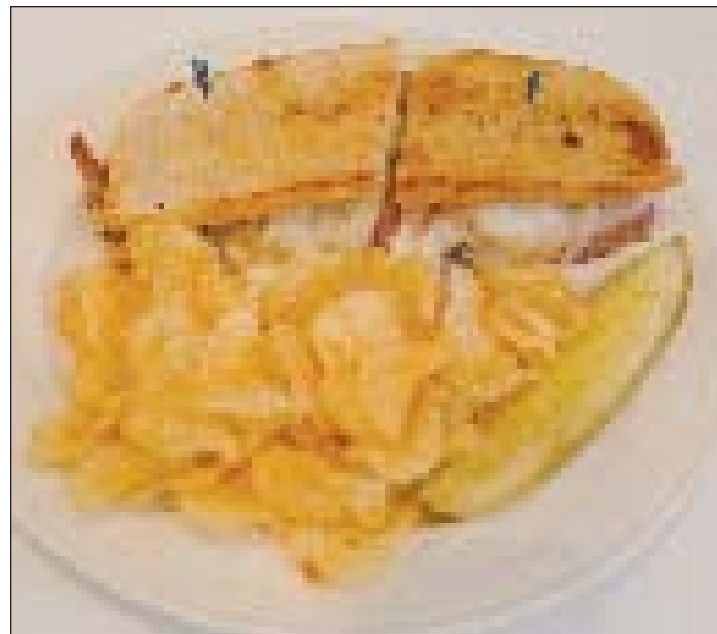
Nutmeg, Harbor Plaza on Harbor-Petoskey Rd. (M-119) east of Harbor Springs; 347-0712.

Roast and Toast in Petoskey calls itself a coffeehouse, but the main reason folks flock there is the deli lineup of soup, salads and sandwiches. 309 E. Lake St., Petoskey; 347-7767.



Record-Eagle/Meegan M. Reid

Above, patrons enjoy their food at Burch's Bayside Grill in Traverse City. Right, a reuben sandwich from Burch's.



Silvertree Deli specializes in Michigan wine but provides a solid selection of salad, subs, quiche and breads. 119 St. Joseph St., Suttons Bay; 271-2271.

Sonny's Torch Lake Market may be a deli-grocery but there's a small home-cookin' restaurant on the premises, too, plus a pizza-to-go menu. 2786 US-31 N, Torch Lake Village; 599-9477.

Taqueria Margarita, Hillside Plaza, 1319 South Airport, Traverse City;

935-3712.

Tokyo Japanese is a real change of pace for these parts, offering Japanese sushi, rice dishes, teriyaki beef and fish. 307 Petoskey St., Petoskey; 439-3268.

Sherri and Graydon DeCamp are authors of "The Connoisseur Up North," a best-selling restaurant guide and cookbook. Previous columns can be viewed by visiting www.bayshore-books.com.

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