

PAID ADVERTISEMENT

Community Howard Regional Health offers advancements in hip and knee joint replacement

BY COMMUNITY HOWARD
REGIONAL HEALTH

Many people struggle each day with stiffness or pain in their hips and knees that makes even routine activities a burden. Often the pain is caused by osteoarthritis, a chronic condition that occurs when the cartridge in the joints breaks down.

The pain may be intermittent and mild at first. However, over time as the cartridge continues to break down the pain can be debilitating and greatly reduce overall quality of life.

Those with severe arthritis who live in daily pain may be candidates for joint replacement surgery.

"Many people who have been putting off surgery are surprised when they learn how far the procedure and recovery process has advanced over the years," said Dr. Philip Huang, an orthopedic surgeon practicing at Community Howard with the Community Orthopedic Specialty Care practice. "Procedures now are less invasive than in the past and artificial joints are now engineered to last longer, providing more long-term relief."

Huang noted that perhaps the most significant advancement has been in the ability to safely decrease the amount of pain a patient experiences following the procedure.

Instead of being hospitalized for nearly a week after surgery, patients now are able to begin the rehab process within hours after surgery and many are able to return to their home after only a night, or possibly two, in the hospital.

According to Huang, the ability to regain mobility earlier not only makes the procedure less disruptive but it also helps patients fully rehabilitate more quickly. The results of the surgery are often shocking for patients as they may not have realized how much of their daily life the pain impacted.

Community Howard Regional Health has also made advancements in the way patients are



Dr. Philip Huang



prepared for surgery and cared for in their short time at the hospital. Community Howard's Center for Joint Health is a comprehensive program based on a national best practice model for hip and knee replacements. The Center for Joint Health prioritizes a fundamental concept of wellness throughout the entire program, which incorporates advanced, minimally invasive and rapid-recovery surgical techniques—with an environment that maximizes patient recovery through education, a culture of early mobility, family involvement, and group interaction.

Those who are experiencing hip and knee pain should consult with an orthopedic specialist to find out what treatment options are right for them. Visit www.ecommunity.com/jointcenter or call the Community Orthopedic Specialty Care office at 765.776.3100 to meet an orthopedic specialist in Kokomo.



Because
life is full
of twists
and turns.



On the field or off, the Community orthopedic and sports medicine doctors in Kokomo can help you with a game plan. It doesn't matter if you're a student athlete or just a student of life. Our team includes orthopedic and spine surgeons, a primary care sports medicine physician and an interventional pain management specialist to treat everything from sprains and fractures to ACL and joint issues. When your life takes an unexpected twist or turn, you can trust the team at Community Orthopedic Specialty Care. Visit eCommunity.com/howard for more information. *Exceptional care. Simply delivered.*

 **Community**
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